

MINUTES

Behavioral Health Advisory Board
Clallam County Courthouse
September 13, 2022
3:00 pm-5:00 pm

Voting Members Present: Kristina Bullington, Christina Miko, John DeBoer, Helen Kenoyer, Kristine Johnson, Wendy Sisk, Bruce Fernie, Tayler McCrorie, Rebecca Larson

Non-voting members present: Jenny Oppelt, Kirsten Poole, Jody Jacobsen

Absent: Amy Bundy, Don Lawley

General Attendance: Christine Dunn, Anne Grover, Commissioner Mark Ozias, Stephanie Lewis, T. Scott Brandon, Kelly Hall, Leddie Rubalcava

1. Welcome and Introductions – The meeting was called to order at 3:07 p.m.

2. Agenda – Majority approved the agenda.

3. Minutes – Majority approved the minutes as presented from July 12, 2022

4. Old Business

- Position Vacancies: Tribal Representative, WA Department of Children, Youth and Families (DCYF), Private Provider of Mental Health Services not contracting for funding and Consumer/past consumer Mental Health Services. If anyone is interested in joining the board, contact Jenny Oppelt or Christine Dunn. Wendy Sisk suggested reaching out to Lorinda at Lower Elwha about representation from local tribal partners. She is the Health Director for the Lower Elwha Klallam Tribe. Christina Miko mentioned she spoke with Erin Clawson, the new supervisor from DCYF and she is interested.

5. New Business

- Presentations: OPCC/REdisCOVERY – Jail MOUD Program - by Kelly Hall
 - * See attached for presentation material.
 - After the presentation discussion followed. Key takeaway points:
 - ❖ In order to participate, individuals must have an opiate use disorder and they are given a minimum of three months of aftercare once they leave the facility (jail or treatment).

- ❖ The program will be funded for a minimum of seven years.
 - ❖ Some roadblocks include transportation, recovery housing and treatment bags. Treatment bags contain five days' worth of everyday necessities.
 - ❖ Communication with other agencies is an important component of success.
 - ❖ Housing is a key factor in reducing the number of overdoses. For those receiving outpatient services and medication, sleeping unhoused makes success much more difficult.
- Discussion regarding changing funding mechanisms – By Christine Dunn & Jenny Oppelt * See attached for presentation material.
 - After the presentation discussion followed. Key takeaway points:
 - ❖ Offering specific dollar amounts will only encourage agencies to write RFP's for that specific amount rather than their need.
 - ❖ Changing how the RFP process is evaluated is an interesting idea. Looking at Mason County using funds for capital expenses for housing, that is something the BHAB has never been able to do because the RFP is so limited. Only recently did the language in the Hargrove Legislation RCW change and specify that some of these dollars could be used for housing that is a component of a coordinated chemical dependency or mental health treatment program or service.
 - ❖ Currently each contracted program participates in data collection, none of the county funded programs are submitting data at this time. Historically, the county funded programs did submit data. How is that data being utilized? The theory behind collecting the data is to help the Board make more informed decisions about the selection of agencies to be funded through the RFP process. It is supposed to show the effectiveness of the programs. Current data will be discussed at the next BHAB meeting. The data report will be emailed to the Board well in advance of the meeting.
 - ❖ Internal observations and a desire for increased transparency are driving the discussion around potential change to the funding mechanism. CCHHS and the BHAB want to ensure that the monies are being used appropriately and adequately. Wendy Sisk had expressed that these monies should be solely used for the purposes for mental health, delivery of mental health and substance use services and programs and therapeutic courts. The BHAB has historically funded some prevention programs that do not have a clear connection or link to mental health substance use services.
 - ❖ Getting some type of reporting from the county programs to understand not just what their outcomes are, but also how much funding is not being used, could prove to be helpful.

- ❖ Kristina Bullington asked when it comes to the in-county funding, is there a way to provide the Board with information that tells how these numbers were arrived at? Some insight was given that in-county programs go through a public budgeting process which describes how they utilize general funds, revenue, grants, and any other funding like the behavioral health funds. The downside to this is that the department may feel it is a stable funding source they are receiving and to not seek any other available funds to cover their programming.
- ❖ If all county funded programs should have to submit an RFP, what about Therapeutic court, because that has been mandated? One suggestion, show budgets and how money was spent each year and an RFP would not be necessary. Kirsten Poole stated the courts could show budgets and how money was spent in the year and an RFP would not be necessary.
- ❖ Because the BHAB has the opportunity to do the RFP process differently if desired, the next cycle starts in 2024, so mid 2023 is when this process will be coming along. There is time to think about it, and the board needs continue this discussion.
- ❖ A discussion regarding the fund reserve needs to occur. There should also be a discussion about a long-term plan about how to manage that reserve. What is an appropriate reserve and at what point are reserve funds used for starting things up like Mental Health Courts. Do we use the reserve fund to tackle some of these additional things that were added into the RCW recently, for an example developing recovery housing. Or does that money, every second or third year, increase the allocation of RFP money?
- New Member Vote – Ann Grover - The interview panel interviewed Anne Grover from the First Step Family Support Services. It is their recommendation that she be approved for the Consumer/past consumer of SUD/Mental Health Services. Anne has a lot of professional experience working the clinical side and the consumer side to be able to offer insight. Majority approved to accept Anne Grover as the Consumer/past consumer of SUD/Mental Health Services position. This will now be processed through the Board of County Commissioners.

6. Future Meeting Agendas

- November 8th, Meeting
 - Amanda Tjemsland – Kitsap County Health District - 2021 Behavioral health Fund Data Report
 - Continued Funding Structure Discussion

7. Public Comment

- Stephanie Lewis shared that the SBH-ASO will be releasing an RFP in mid to late October for both Mental Health Block Grant and Substance Abuse Block Grant Funds. More information to come.

8. Announcements

- Wendy Sisk shared an AllView update. There have been many delays and they are significantly over budget. She applied to Commerce for additional funding. She won't find out about those funds until they've completed the build. She was able to reallocate some funds from a couple of other grants that they had, and they got \$125,000 that was earmarked for other things that they've been able to divert into that project. But, at the end of the day, it is probably going to be about a 5-million-dollar project. They will have 26 new units of housing by the end of the year. They do have a full-time housing manager coming on board who will oversee all admissions to that program. By our November meeting she should know more about the completion date, what the application process will look like, as they will be accepting applications from other providers if they are active in services. They are giving priority to people who are actively working on their recovery.
- Christine Dunn shared that on October 25th, at the Suicide Prevention Task Force Meeting from 11-12 pm, Mark Nichols will do a training on extreme risk protection orders as a suicide prevention tool. This will explain what they are, who can get them and what they do. They are something that can mitigate a serious crisis when firearms are involved. If you have staff or know of anyone that could benefit from the training, contact Christine. A flyer will be sent out.
- Kristina Bullington mentioned there is a recovery campout the weekend of September 16th in LaPush. There will be a comedian and a fish bake.
- Wendy Sisk mentioned that United Way is having their kickoff at Seven Cedars on Friday. Champagne and cupcakes. They support education and healthcare related initiatives in our community.

9. Adjourn: Meeting adjourned at 5:00 pm

Next meeting: November 8, 2022

Voting Members: John DeBoer, Bruce Fernie, Don Lawley, Helen Kenoyer, Tayler McCrorie, Kristine Johnson, Christina Miko, Kristina Bullington, Wendy Sisk Non-Voting Members: Amy Bundy, Jenny Oppelt, Jody Jacobson, Kirsten Poole
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